

CLEAN AND UNCLEAN ANIMALS

Yahweh created certain animals that man CAN use for food and others that by His design are UNFIT to eat. "**Clean**" foods are those which in their "natural state" (*no man made drugs added*) do not harm the human body and which man can use for his nourishment. "**Unclean**" foods are those which are unhealthy to consume and are poisonous to the body. Below is a comprehensive list of foods, defined in the Bible, as being Clean (fit to eat) and Unclean (unfit and harmful to eat). The Bible discusses this topic in detail in **Leviticus 11** and **Deuteronomy 14**. Below list was obtained via public domain.

*Clean Land Animals (Biblical Reference: Lev. 11:1-3, Deut. 14:4-6)			
Antelope	Deer (venison)	Goat	Ox
Bison (buffalo)	Elk	Hart	Reindeer
Caribou	Gazelle	Ibex	Sheep (lamb, mutton)
Cattle (beef, veal)	Giraffe	Moose	

Clean Birds and Insects (Biblical Reference: Lev. 11:21-23, Deut. 14:20)			
Birds			
Chicken	Grouse	Pigeon	Sparrow (and other songbirds)
Dove	Guinea fowl	Prairie chicken	
Duck	Partridge	Ptarmigan	Teal
Goose	Peafowl	Quail	Turkey
	Pheasant	Sagehen	
Insects			
Types of locusts that may include crickets and grasshoppers			

Clean Fish

(Biblical Reference: Lev. 11:9, Deut. 14:9-10)

Albacore (Crevalle, Horse Mackerel, Jack)	Hardtail (Blue Runner)	Mullet	Shad
Alewives (Branch/River Herring)	Herring (Alewife, Branch/Glut/Lake/River/Sea Herrings)	Muskellunge (Jacks)	Sheepshead
Anchovy	Kingfish	Orange Roughy	Silver Hake (Whiting)
Barracuda	Long Nose Sucker (Northern or Red Striped Sucker)	Perch (Bream)	Silversides
Bass	Common Sucker (Fresh Water Mullet, White Sucker)	Pike (Pickerel, Jack)	Smelt (Frost or Ice Fish)
Black Drum	Crappie (Black/White Crappies)	Pig Fish	Snapper (Ebu, Jobfish, Lehi, Onaga, Opakapaka, Uku)
Black Pomfret (Monchong)	Drum	Pollack (Pollock, Boston Bluefish)	Snook (Gulf Pike)
Blue Runner (Hardtail)	Flounder (Dab, Gray/Lemon Sole, Summer/Winter Flounder, Yellow Tail)	Pompano	Sole

Bluebacks (Glut Herrings)	Grouper (Black/Nassau/Red/ Yellowfish Grouper, Gag)	Red Horse Sucker (Redfin)	Spanish Mackerel
Bluebill Sunfish	Grunt (White/Yellow Grunts)	Red Snapper	Steelhead
Bluefish	Gulf Pike (Robalo, Snook, Sergeant)	Redfish	Striped Bass
Bluegill	Haddock	Robalo (Gulf Pike)	Sucker (Red Horse Sucker, Redfin)
Bonitos	Hake	Porgy (Scup)	Sunfish
Bowfin	Halibut	Red Drum (Redfish)	Tarpon
Buffalofish	Hardhead	Rockfish	Trout (Gray Sea/Lake/Sand Sea/ White Sea/Spotted Sea Trouts, Weakfish)
Butterfish	Mackerel (Cobia)	Salmon (Chum, Coho, King, Pink or Red)	Tuna (Ahi, Aku, Albacore, Bluefin, Bonito, Shipjack, Tombo, Yellowfin, Yellowtail) UPDATED
Carp	Mahimahi (Dorado, Dolphinfish [<i>not</i> the mammal dolphin])	Sardine (Pilchard) UPDATED	Turbot (<i>except</i> European turbot)
Chubs (Bloater, Longjaw, Blackfin)	Menhaden	Scup (Porgy)	Whitefish
Cod	Minnow	Sea Bass	Whiting (Silver Hake)

		Sergeant Fish (Gulf Pike)	Yellow Perch
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Unclean Land Animals

(Biblical Reference: Lev. 11:4-8, 29-31, Deut. 14:7-8)

<u>Canines</u>	<u>Equines</u>	Gorilla	Rat
Coyote	Ass	Groundhog	Rhinoceros
Dog	Donkey	Hare	Skunk
Fox	Mule	Hippopotamus	Slug
Hyena	Horse	Kangaroo	Snail (escargot)
Jackal	Onager	Llama (alpaca, vicuña)	Squirrel
Wolf	Zebra (quagga)	Mole	Wallaby
<u>Felines</u>	<i>Other</i>	Monkey	Weasel
Cat	Armadillo	Mouse	Wolverine
Cheetah	Badger	Muskrat	Worm
Leopard	Bear	Opossum	Swine
Lion	Beaver	Porcupine	Boar
Panther	Camel	Rabbit	Peccary
Tiger	Elephant	Raccoon	Pig

Unclean Insects

(Biblical Reference: Lev. 11:21-23, 41-42)

All insects except some in the locust family.

Unclean Birds/Reptiles

(Biblical Reference: Lev. 11:13-20, Deut. 14:12-19)

Unclean Birds

Albatross	Eagle	Magpie	Roadrunner
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Bat	Flamingo	Osprey	Sandpiper
Bittern	Grebe	Ostrich	Seagull
Buzzard	Grosbeak	Owl	Stork
Condor	Gull	Parrot	Swallow
Coot	Hawk	Pelican	Swan
Cormorant	Heron	Penguin	Swift
Crane	Kite	Plover	Vulture
Crow	Lapwing	Rail	Water Hen
Cuckoo	Loon	Raven	Woodpecker

Unclean Reptiles/Amphibians

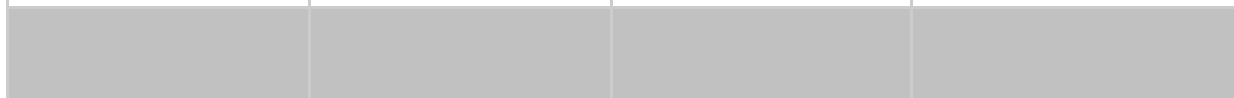
(Biblical Reference: Lev. 11:29-30, Deut. 14:7)

<u>Reptiles</u>	<u>Amphibians</u>
Alligator	Blindworm
Caiman	Frog
Crocodile	Newt
Lizard	Salamander
Snake	Toad
Turtle	

Unclean Fish/Marine Animals

(Biblical Reference: Lev. 11:10-12, Deut. 14:9-10)

<u>Fish</u>	<u>Shellfish</u>	<u>Soft Body</u>	<u>Sea mammals</u>
Bullhead	Abalone	Cuttlefish	Dolphin
Catfish	Clam	Jellyfish	Otter
Eel	Crab	Limpet	Porpoise
European turbot	Crayfish	Octopus	Seal
Marlin	Lobster	Squid (calamari)	Walrus
Paddlefish	Mussel		Whale
Shark	Prawn		
Stickleback	Oyster		
Squid	Scallop		
Sturgeon (includes most caviar)	Shrimp		
Swordfish			



Many of the animals labeled as "unclean" are primarily scavengers. They do not have the kind of multiple digestive system that the cud-chewers do, so the poisons that they consume go directly into their flesh. Only the unclean animals are regular hosts to such parasites as the trichina worm. Isn't it amazing that almost every cookbook notes that you should always be extra careful to fully cook pork to a well-done state, but they never mention that their unspoken reason is-so that you will be sure to kill the trichina worms in their little cysts! It is an accepted fact that much of the pork in America, even with all our "modern" health precautions, probably contains trichina. Health authorities also warn against eating shell fish at certain times of year because they are poisonous then. They don't bother to mention that the shellfish have the same scavenging habits all year long that causes this problem. Trichinosis and possible poisoning is bad enough, but the unclean animals are host also to much more serious problems for humans.

***Clean Animals**

VERY IMPORTANT! Even if the animal is listed in Scripture as "clean" we must understand two more important factors that will render them unclean.

1. All BLOOD must be removed from the meat before eating (See Genesis 9:4)
2. All animals should be "drug free" and raised 100% natural before eating. (See Revelation 18:23 and NOTE that the word "sorceries" in that passage is defined "pharmakeia" or "pharmacy" as we say today. Even if you don't take mind altering drugs, if the animal you eat was administered these drugs (as most are, to keep them submissive) then you may very well be affected by this drug. If disease can be transferred by eating infected animals, so can the drugs they ingest.)